

Metamorphosis of Amor

PROFESSIONAL DISCLOSURE STATEMENT

Nature of Coaching

At Metamorphosis of Amor we do not discriminate on the basis of race, gender, religion, national origin, disability, or sexual orientation.

If significant differences such as in culture or belief system exist between us, we will work to understand those differences.

As a Coach, I believe all people have the potential for good, and can change. I believe that people's feelings, thoughts, and behaviors are created by how they experience their surroundings (past or present). I also believe that people have the ability to change their emotions, behaviors, and decisions through their choices. I will use a variety of techniques: homework assignments, self-exploration, acting, motion activities, and visualizing. We invite you to establish goals and explore how your behaviors and emotions are working to meet those goals. If you desire to change your emotions and behaviors, then we can work as a team to meet your treatment goals.

Coaching takes time and patience. I ask that you be patient with yourself, participate in counseling by completing the homework and fully participating during the therapeutic sessions. I welcome any questions you may have regarding any therapeutic technique and/ or homework assignment. Coaching will only work, if you choose to do the work.

Student / Intern Therapists

NA

Coaching Relationship: During the time you and I work together, we usually will meet weekly for approximately a 60-minute sessions potentially more. Although our sessions may be very personal psychologically, ours is a professional relationship rather than a social one. Therefore, please do not invite me to social events, bring me gifts valued at more than \$50.00, ask to barter or exchange services, ask me to write references for you, or ask me to relate to you in any way other than the professional context of our coaching relationship. You will benefit the most if our interactions address your concerns exclusively. If I ever chose to discontinue my employment with Metamorphosis of Amor, please know that I cannot transfer you to my new place of employment. I have signed a non-compete agreement which requires me to not have any communication with you for 2 years from my last day of employment at MOA. I will however ensure that you are transferred to another credible therapist inside of Metamorphosis of Amor to ensure the continuation of your coaching

I conduct all sessions sessions in English.

Effects of Coaching At any time, you may initiate a discussion of possible positive or negative effects of coaching. Which includes your desire to increase, decrease or discontinue your therapeutic sessions at any time. I expect you to benefit from coaching; however, I cannot guarantee any specific results. Counseling is a personal exploration that may lead to major changes in your life perspectives and decisions. These changes may affect significant relationships, like your job, marriage, family relationships, and/or your understanding of yourself. You may feel troubled (usually only temporarily) by some of the things you learn about yourself or some of the changes you make. In addition, coaching can result in long lasting effects. Although the exact nature of changes resulting from counseling cannot be predicted, I intend to work with you to achieve the best possible results for you.

Client Rights: Some clients achieve their goals in only a few coaching sessions, whereas others may require months or even years of coaching. As a client, you are in complete control and may end our counseling relationship at any time. If you choose to end the coaching relationship, I ask that you participate in a termination session. You also have the right to refuse or to discuss modification on any counseling technique or suggestions that you believe might be harmful. I render coaching services in a professional manner consistent with accepted ethical standards. If at any time, for any reason, you are dissatisfied with my services, please let me know.

Appointments, Cancellation, and Crisis: Our in-person , video, and/or phone contact will be limited to coaching sessions you arrange with me by appointment. In the event that you are unable to keep an appointment, please notify me at least 24-48 hours in advance. Please know that if I do not receive notification of a cancellation 24-48 hours in advance you will be billed the current full session cash rate. Likewise, if you intend to discontinue coaching, please inform me via email, voice mail, face-to-face or phone.

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Confidentiality: Discussions between you and me, and even the fact that you are in counseling with me, are confidential. For this reason, if I see you in public, I will protect your confidentiality by greeting you only if you greet me first. Further information about confidentiality is addressed in the *Notice of Privacy and Informed Consent*. I also may present programs at professional conferences and/or publish in professional publications on the topic of counseling. In this case, I may refer to my experiences as a counselor. If I make reference to my coaching with you, I will do so in a way that disguises your identity. If I cannot make such a reference without revealing your identity, I will ask you to sign a waiver. If you do not agree to sign, I will not make identifiable reference to you. You are not required to waive your right to confidentiality at any time.

Records: Files are closed once the counseling relationship ends. Records for adult clients are destroyed seven years after the file is closed. Records for minor clients are destroyed seven years after the client turns 18 years of age. All client files will remain in the possession of MOA at the demise, dismissal, or the separation of the performing clinician from HFS.

Conditions of Ongoing Counseling: If you have been in counseling or psychotherapy in the past, you are required to sign a release of information so that MOA may communicate with and/or receive copies of records from the professional(s) from whom you received mental health services, if we deem it important to do so. While you are in coaching with me at Metamorphosis of Amor, you agree NOT to maintain or establish a professional relationship with another mental health professional unless you first discuss it with me and sign a release that enables me to communicate with the other mental health professional(s). If you decide to maintain or establish a professional relationship with another mental health professional against my advice, I may consider this your decision to change coaches, and Metamorphosis of Amor reserves the right to terminate your coaching. If you already have another clinician at the onset of counseling with MOA, the state of Texas requires that each client sign a Release of Information so that we may communicate with each other.

Divorced Families: If the client is a minor and the parents/custodial guardians are divorced, per Law by the state of Texas we are required to keep a copy of the divorce decree on file. **Please bring a copy for us to keep.**

Foster/Adopt Families: please bring a copy of your placement paperwork with you to your first visit.

Cost of Coaching: Family Coaching, Marriage and Couples Coaching are \$99 per hour.
Individual Coaching and Child coaching are each \$77 per hour.

In the event that I believe you are in danger, physically or emotionally, to yourself or another person, you give consent for me to warn the person in danger and your emergency contact person and to contact medical and/or law enforcement personnel.

